

# Shortened Quarantine Guidelines



**Pratt County adopted the CDC's\* new shortened COVID-19 quarantine guidelines.**

- **10-day quarantine (No Testing and No Symptoms)**  
If you have no symptoms during the 10 days, you can be released from the quarantine without a test.

COVID-19 can develop up to 14 days after exposure. Regardless of quarantine length, self-monitor the full 14 days to protect our community.

\*Exempted from this guidance are long-term care and assisted living facility residents and offender populations in Department of Corrections prisons.

